

# IPL-HAIR REMOVAL



## Before treatment

DO	DON'T
shave	wax
	tweeze
	use hair removal creams
	bleach
	sun tan for 6 weeks prior
	solarium for 6 weeks prior
	tanning creams -3 wks prior
	use vitamin A creams
	use vitamin A medications
	take photosensitizing meds
	use CENTRUM multi vitamin
	use photosensitizing herbs

## After treatment

DO	DON'T
Shave	hot showers straight after
Wear sunblock	exercise immediately after
	wax between sessions
	tweeze between sessions
	use hair removal creams
	bleach hair
	sun tan for 6 weeks prior
	solarium for 6 weeks prior
	tanning creams for 3 wks prior
	use vitamin A creams / meds
	use photosensitizing medications or herbs
	use CENTRUM multi vitamin

## What is it & how it works?

**HOW IT WORKS:**  
 During treatment hair removal applicator is pressed onto the skin and a pulse of light is released. The light penetrates the skin and gets is attracted to melanin (pigment) in the hair. It is then absorbed into the root and shaft of the hair. Light energy is transformed into heat, which destroys the root of the hair and surrounding tissue. The light is attracted to darker colours, therefore the darker the hair the more effective the treatment.

**HAIR GROWTH CYCLES:**  
 Our hair grows in 3 different stages:  
**Anagen**- Growing stage (*Hair root is attached to follicle*)  
**Catagen**- Transition stage (*Hairs during their shedding phase*)  
**Telogen**- Resting stage (*Waiting for new hairs to grow*)

Only hairs in the active growing stage respond to treatments. The idea is to catch all of the hair in the area at this stage.

The number of hair in the Anagen stage at any given time varies from 10% to 30% depending on area of the body. Therefore you should get at least 10% and a maximum of 30% reduction in each treatment.

**FOR BEST RESULTS:**  
 It is important to keep intervals between treatments constant, as the aim is to get as many hairs in the Anagen stage as possible in order to destroy the maximum amount in a single session. Soon as new hairs begin to grow and emerge from the skin, they are usually in this active stage and treatment at this time is advisable.

## Did you know?

**PHYSICS OF LIGHT:** Light is attracted to color therefore Laser or IPL hair removal works better for light skin/dark hair combination.

**DARK SKIN:** An experienced therapist with good quality equipment will always be able to treat even very dark skin types. Having said that, take time to assess therapist's level of skill to ensure a safety of your treatment

## How many sessions?

**TREATMENT PLAN:** Experts agree that a typical treatment plan consists of 4-10 sessions, every 4-8 weeks. Expect about 85% of hair reduction.

**MAINTENANCE PLAN:** Once your treatment plan is completed most people are happy with having one or two treatment a year. Some of our patients come back to us every 4-5 years for maintenance.



# TREATMENTS MENU

### Facials (1hr)

Facials suited for all skin types, each involves a deep cleanse, exfoliation, steam, extractions (if necessary), mask and neck & shoulder massage. Customised to individual skin needs

<b>Customised Facial</b>	\$129 -	<i>current special, normally \$159</i>
<b>Extractions Facial</b>	\$159	<b>Butt Facial</b> \$129
<b>Men's or Teen's</b>	\$159	<b>Express Facial</b> \$125 (30min)

### Medi peels (30-60min)

Treatments are designed to improve skin's texture by refining the skin. Proven to reduce blemishes, acne, congestion, pigmentation & fine lines. Assessment & skin prepping are strongly recommended

<b>Enzymatic</b>	\$199 (10-20%)	<b>Lactic</b>	\$150 (10-40%)
<b>Salicylic/ Mandelic</b>	\$120 (10-40%)	<b>M8 Combo</b>	\$120 (10-40%)

*Other combine-able acids available in various strengths*

### Mesoesthetic Advanced

The range has been developed to achieve the greatest possible stimulation on the cellular level. Each treatment targets specific cells to achieve a set of spectacular results for anti-ageing

<b>MesoEclat</b>	\$250	<b>Collagen 360</b>	\$250
<b>Cosmelan</b>	\$800 (once off treatment for melasma, home care included)		

### Dermal Needling

Also known as "collagen induction therapy", it uses the body's own natural healing response to produce more collagen. This results in rapid skin regeneration & improvement of skin's texture, colour and quality

<b>Face</b>	\$300 (90min)	<b>Neck</b>	\$250 (90min)
<b>Face &amp; Neck</b>	\$450 (120min)	<b>Stretch Marks</b>	(POA)

### Photo Facial (30min)

IPL is used to deliver this incredible treatment to reverse the visible signs of aging. Treat blemishes, lines, acne, rosacea, pigmentation, capillaries, redness, age spots. Test patch - a must before treatment

<b>Face or Neck</b>	\$250 (45min)	<b>Hands</b>	\$160 (30min)
<b>Décolletage</b>	\$290 (45min)	<b>Spot treatment</b>	\$55
<b>SPECIAL</b>	\$199—full face IPL Photo rejuvenation facial		

### Skin Lightening (30-45min)

Unique non irritating formula with a proprietary blend of safe, fast acting lightening ingredients delivered to cells via electroporation. Gradually lightens skin, even on sensitive areas. Free from hydroquinone

<b>Face or U'arms</b>	\$179 (special, normally \$199)	<b>Knees or Elbows</b>	\$199
<b>Anal area</b>	\$129	<b>Pubic Area</b>	\$199

### Skin Lesions Removal

Fast, effective & safe removal of minor skin irregularities (skin tags, fibromas, cysts, cholesterol deposits) via micro-thermocoagulation. Radio & high frequencies combo denature protein in the lesions. Doctor consent required. In most cases one session is enough.

<b>Per lesion</b>	\$69 (special)	<b>Normally \$85</b>	(30-45min)
<b>8 Pack</b>	\$300 (60-90min)		
<b>10 Pack</b>	\$400 (incl take home skin heal pack—60-90min)		
<b>Milia / Cholesterol Deposits</b>	<i>from \$69 or \$10 if with facial</i>		

### Body Treatments (30-60min)

**MESO FIRM:** tightens, lifts loose skin. Great post pregnancy/ weight loss  
**MESO SLIM:** Encourages metabolism and release of fat from cells  
**IONITHERMIE:** Tones, firms, re-mineralizes, detoxifies, improves texture  
**PRESOR:** Total wellness—lymphatic drainage treatment

<b>Meso</b>	\$199	(approx 45min per area eg breast lift, tummy tuck, thighs, arms)
<b>Ioni</b>	\$250	(60min—targets tummy, buttocks, thighs)
<b>Presor</b>	\$65	(30min—incorporates treatment from breast bone down)
<b>Massage</b>	\$99	(60min—full body or concentrated on a specific area of concern)

## IPL Hair Removal—forever!

### exclusive FREE lifetime maintenance\*

Only with us, IPL permanent hair reduction method guarantees long term results! You get a safe & effective treatment plus absolutely FREE maintenance sessions forever. With our state of the art equipment we can deliver results for all skin types.

Since we're the experts in the field (we also teach, train and coach other clinics) you get complete peace of mind with our FREE LIFETIME maintenance (with pack of 10p area)

<b>Upper lip   Chin   Areola</b>	\$85	<b>Lip &amp; chin   Sideburns   Abdomen</b>	\$130	<b>Underarms</b>	\$145
<b>1/2 arm (female)   Shoulders</b>	\$190	<b>Full face   3/4 arms (female)   G-Bikini</b>	\$250	<b>XXX</b>	\$300
<b>Full arms (male)   Buttocks</b>	\$450	<b>Full chest (no sides)   Full Back (no sides)</b>	\$450	<b>3/4 arms (male)</b>	\$295



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